



Ochre Park Post



November 2022

Phone 780 942-2901 Email opark@sturgeon.ab.ca

Message from the Principal

Our school year is in full swing with many usual events and activities happening in our school. Students are busy in their classrooms and our staff are working hard to ensure each student is working to their potential. Teachers have been busy preparing for what we consider our traditional report card season. As you know, parent portal allows for continuous updates to student progress. As well, if you have any questions at any time in regards to your child's abilities or progress, please feel free to contact your child's teacher. By having home and school work together, it is our goal to provide the best possible education for each child.

As we closed out October, students were certainly excited about Halloween. Full Moon Frolic has been a traditional Halloween event at Ochre Park School, but the majority of our students have never gotten to experience it due to the challenges with groups gathering over the last few years. Students loved the activities and snacks in the gym that afternoon, including the Haunted House that was planned and organized by the Leadership students from Redwater School. A special thank you to all the parents who volunteered and came to help with Full Moon Frolic

We would like to extend a huge thank you to those parents who have been in our school as volunteers. This is an extremely important and valuable piece to any school, as an extra set of hands is always helpful in a busy classroom. Sometimes volunteers are asked to read or work with students on a particular project or activity. If you are interested in volunteering in your child's classroom, we encourage you to contact your child's teacher. If you are interested in helping in a general way or for special events, we ask you to contact our school office to have your name placed on a list. We will then contact you as the need arises throughout the school year to see if you are available to help. Again thank you to those who are able to come and provide assistance to our school. Your help is appreciated.

As we prepare for the winter season, students are often excited when the first snowfall arrives. They are excited to play in the snow at recess, build forts, build snow angels and many other creative activities. At Ochre Park School, we have a set of shovels and sleds that we assign daily to students in ECS - Gr. 4 to play with. Students often enjoy having a turn to use these tools.

With our upcoming fall break just a short time away, the month of November will pass quickly and we will soon be into the Christmas season. We look forward to this in the coming weeks, as it often is a time of year that allows for the gift of giving to others. We have a few key events taking place in our school this month, including our annual Remembrance Day ceremony. This is taking place on Fri., Nov. 4 at 9:00 am. Parents are most welcome to join us if they wish. We will welcome our parents into our school on Nov. 16/17 (4:00-7:00) for parent-teacher interviews. These are important opportunities to meet your child's teacher and get a good understanding of the level your child is working at. All parents should have received an invite electronically to sign up for a time. Parents may also contact our school office if they have any questions or difficulties.



Mr. Anhorn,
Principal
Ochre Park School

What's Happening at Ochre Park

HOT LUNCH IS BACK!

Starting Friday, November 18, Ochre Park students will have the opportunity to purchase lunch from Ochre Park Parent Council and Society volunteers. Order forms for 2 months will be sent in advance from your teacher. Payment can be made via cash or cheque. At this time we regret that we cannot accommodate late orders or dietary restrictions due to the number of students and large amounts being prepared.



SAY CHEESE!



Photo retake day is Wednesday, November 16. If any K2 children require re-takes, please bring your child to school for 9am, they will have their retakes and then leave with you after they're done.

Parent Teacher Interviews and Scholastic Book Fair Nov 16 and 17! Visit the book fair during interviews to build your home library and earn rewards for our school! Sign up info for parent teacher interviews were emailed to you from your teacher Nov 1..



Operation Christmas Child, a program run internationally by Samaritan's Purse, provides the gift of a shoebox packed with small gifts, hygiene products and school supplies to children in need around the world. For anyone interested in packing a shoebox, they are available to be picked up at the school office. Please have them returned by November 18, 2022.

CONGRATULATIONS TO OUR STUDENTS OF THE MONTH FOR OCTOBER!

1G— BROOKE V.

1SL— ALEXANDRA G.

2B— NOLAN S.

2T— MADDEN G.

3W— BENNETT L.

4G— VIOLET M.

4S— SAVANNAH K.

October House League Ice Cream Sundae Winners

Team Red- Jake

Team Yellow- Jayce

Team Blue- Jamieson

Team Green- Krew

Team Orange- E.

Team Black-Donovan

Team Grey- Harmony

Counsellor's Corner

Where has the month gone? November is here and December is just around the corner.

Safety on the Internet

More and more we are using the internet to expand our knowledge, be entertained, play games and chat with others. While this is exciting and opens up a completely new world to us, as parents and teachers, we need to ensure that our children are safe while online. Recently I have been exploring a new website, "The Door That's Not Locked" found at www.thedoorthat'snotlocked.ca. This website raises awareness about things kids are doing online and discusses the risks associated with the internet. In a very user-friendly format, many tips and safety strategies are provided for parents, teachers and kids. I highly recommend it for everyone.

As always, if you have any questions, please call me at the school (780-942-2901).

Sincerely,

Mrs. Geleta



Iyikopiwipisim

Frost Moon Pronounced: ee-oh-gee-pee-wee-pee-sim

Welcome to November

We have been so lucky to have had such a long warm autumn season. As we welcome this new moon we will notice our weather begin to shift. Temperatures are dropping to below 0° overnight and we notice frost on the trees and grass in the mornings. This is our signal that colder weather is almost here to stay, and snow is just around the corner.

What is Frost?

Frost is water vapor that freezes and becomes a thin layer of ice.

Frosty Fun Facts

Did you know that there are several different types of frost?

The three most common are:

Hoar Frost → When the frost grows overnight into long crystals of ice on the ground or other objects outside. It can also grow in freezers.

Advection Frost → A collection of small ice spikes that are formed when cold wind blows over tree branches or flag poles.

Window Frost → Forms when a window is exposed to cold air outside, and warm moist air inside. We can find this on windows, and windshields.

Nature Challenge

Bundle up and get outside to enjoy the beautiful frosty mornings. Take your camera and try to find the three different types of frost.





Daily arrival & Dismissal- please remember that if you are dropping off your children or they are getting to school on their own, students should not be arriving before 8:35. Our school buses start letting children off the buses at 8:35 and that is when we have supervision in place. There is no supervision before this time. We are also asking children to refrain from playing on the playground equipment when they arrive in the morning as there is no supervision. After dismissal at 3:05, only children with parental supervision should be playing on the playground. Thanks for your help in keeping our children safe.



Parking Lot Designated as Staff Parking Only

Please refrain from parking in the parking lot and instead utilize the drop off loop at the end of the parking lot to let your children out safely or park on the street. Thank you for your cooperation.

Permission Forms:

All permission forms for student activities and excursions are now available to be signed electronically via the parent Powerschool portal. Please note that this has to be done on a web browser and not the app. If you need help accessing the parent portal, please call or come into the office.



Reminder: We are a nut free school.

Medications and/or Medical Treatment

To keep our students and staff safe, strict Policies and Procedures are in place regarding medication and medical treatment at school for students. Sturgeon Public Schools recognizes that the administration of medication and/or medical treatment to students is the responsibility of parents, guardians and medical practitioners.

If a student must receive medication or medical treatment prescribed by a medical practitioner during the school day or during extra-curricular activities and the student is incapable of self-administration, the parent must request in writing to the Principal that the school store medication and medical treatment equipment to enable: student self-administration where appropriate (e.g. asthma inhalers); administration of medication and medical treatment. Written instructions must be signed by the parent/guardian and the physician. Non-prescribed medication shall not be distributed to any student enrolled in a Division school.

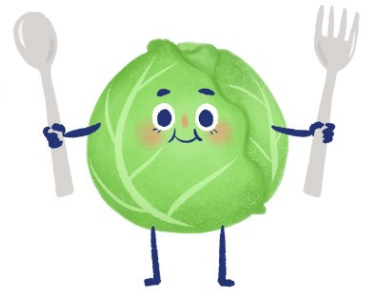
If you have any questions or concerns, please do not hesitate to contact the school. The Sturgeon Public School Division Policies and Procedures regarding Medication and Medical Treatment to Students can be found on our division website at <https://www.sturgeon.ab.ca/board/procedures/4724>.

Volunteers Welcome! If you wish to volunteer in our school, here are a couple things to know: 1. Please contact your child's teacher to arrange a day and time to come in. 2. A criminal records check is required every three years. These are completed Tuesdays and Wednesdays at the RCMP station. Contact the school office for a letter to waive the records check fee.



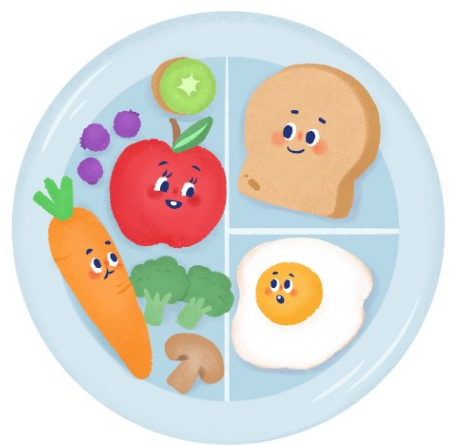


SNACK MENU

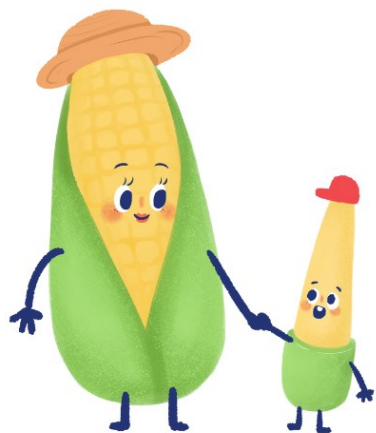


WEEK 1- OCTOBER 31- NOVEMBER 4

- MON- CEREAL, HB EGG, FRUIT
- TUES- VEGGIES, HUMMUS, CRACKERS
- WED- CHEESE STRING, FRUIT, GRANOLA BAR
- THURS- YOGURT, BERRIES, CEREAL BAR
- FRI- APPLES, CHEESE, CRACKERS



WEEK 2- FALL BREAK



WEEK 3- NOVEMBER 14-18

- MON- CEREAL, FRUIT
- TUES- VEGGIES, HUMMUS, CRACKERS
- WED- CHEESE, CRACKERS, CUCUMBER
- THURS- SMOOTHIE, CEREAL BAR
- FRI- CHEESE STRING, FRUIT

WEEK 4- NOVEMBER 21-25

- MON- CEREAL, FRUIT
- TUES- YOGURT, BERRIES, CEREAL BAR
- WED- MUFFINS, MELON
- THURS- FRUIT SALAD, CEREAL BAR
- FRI- YOGURT TUBE, FRUIT

WEEK 5- NOVEMBER 28- DECEMBER 2

- MON- CEREAL, FRUIT
- TUES- CHEESE, CRACKERS, CUCUMBER
- WED- SMOOTHIE, CEREAL BAR
- THURS- TBA
- FRI- TBA





FRIDAY LUNCH MENU

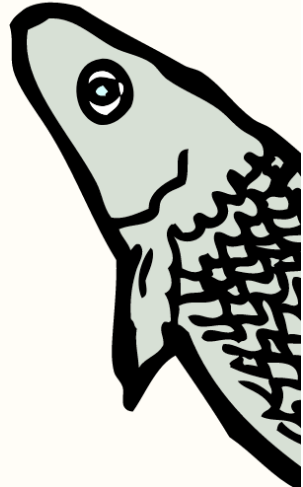


NOVEMBER 18

ONE FREE HOTDOG! (sponsored by Redwater Lions Club) \$ 0.00

NOVEMBER 25

Spaghetti and Garlic Bread (broken spaghetti noodles, homemade meat and veggie sauce) parmesan cheese (optional) \$4.00



DECEMBER 2

OCHRE PARK'S FAVORITE Taco Salad! (seasoned ground beef, lettuce, cheddar cheese, crushed tortilla chips) catalina dressing (optional) \$4.00

DECEMBER 9

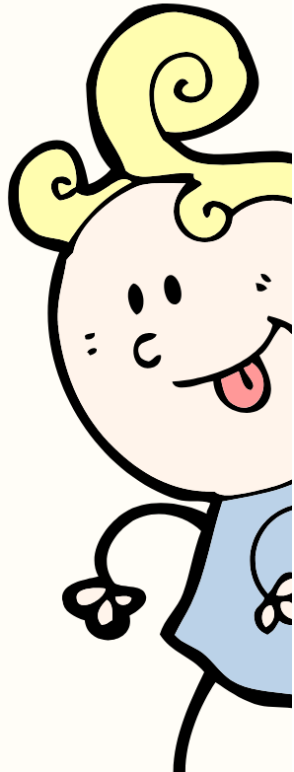
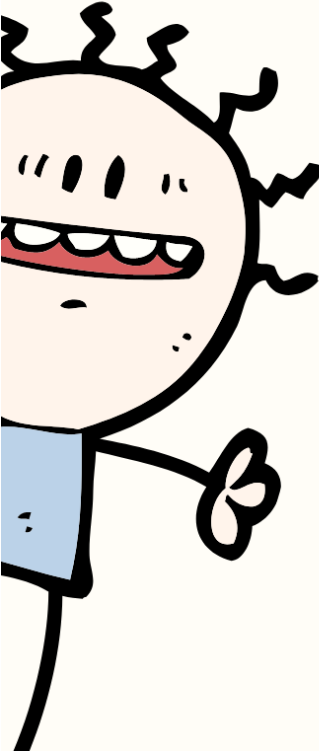
Burger Baron Pizza! choice of Pepperoni or Cheese \$2.50/slice

DECEMBER 16

ONE FREE HOTDOG! (sponsored by Redwater Lions Club) \$ 0.00

DECEMBER 23

Ham and Cheese Subs (shaved ham, cheddar and swiss cheese, lettuce, mayo, honey mustard) \$4.00



Disposable dinnerware used is 100% compostable.



November 2022

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		1	2	3	K1	4 5
					Remembrance Ceremony Dress your best	
6	7	8	9	10	11	12
Fall Break, No Classes					 REMEMBRANCE DAY	
13	14	15	16	17	K2	18 19
Bullying Awareness and Prevention Week			Photo Retakes	Team Color Mix up day!		
			Parent Teacher Interviews /Book Fair			
						
20	21	22	23	24	K1	25 26
					Awards Assembly 2pm	
					 Hat Day!	
27	28	29	30			

Fire Safety Presentations



Crazy Hair Day!



Earth Rangers!





Full Moon Frolic Fun!





We are excited to be a part of the Oilers School Spirit Nights program! Purchase special rate tickets and be entered to win prizes, including a special visit to your school from Oilers Mascot, Hunter the Lynx!


SCHOOL SPIRIT NIGHT

Show your school spirit and win prizes while cheering on the Oilers at six big games at Roger Place!

EACH GAME, ONE PURCHASER WILL BE SELECTED TO SIT IN THE PENALTY BOX DURING THE ON-ICE WARMUPS WITH 3 GUESTS

VS.  SAT, NOV 5, 2022
2:00 PM

PROGRAM SPECIAL RATE TICKETS STARTING AT **\$49** PLUS FEES

VS.  SAT, DEC 17, 2022
2:00 PM

VS.  THURS, JAN 5, 2023
7:00 PM

VS.  MON, FEB 21, 2023
6:30 PM

VS.  MON, MAR 20, 2023
7:30 PM

VS.  SAT, APR 1, 2023
8:00 PM

SCAN BELOW TO VIEW:

- Special Rate Tickets
- Prizing
- Leading School Tracker
- Exclusive video from Oilers goalie Stuart Skinner



COME & JOIN US FOR AN

AUTHOR VISIT EVENT

by Edmonton Author & Poet

● *Su Croll*

for
Her poetic work: " *Cold Metal Stairs* "

This collection of poetry, *Cold Metal Stairs*, chronicles her father's dementia diagnosis and eventual death. It is a book of grief and commemoration which examines familial ties and the great mysteries of memory and the diseases of memory-loss.

Monday, November 7, 6:30 pm
at the Redwater Library

HOSTED BY:

THE
FRIENDS
OF THE
REDWATER
LIBRARY SOCIETY

