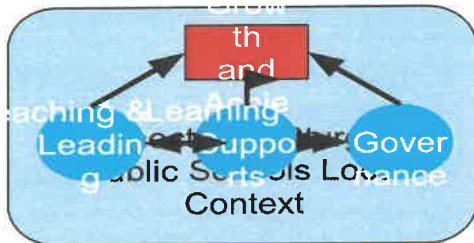




Sturgeon Public Schools: Counselling and Wellness Plan 2023-24

Vision & Mission

Sturgeon Public Schools: where, through a well-rounded education, students are motivated and supported to pursue their unique path to future success. Working together as a team of trustees, parents, community, staff and students, we create safe, respectful and collaborative learning environments where students are prepared to meet, and excel at, the challenges presented by the global community.



The priority of Sturgeon Public Schools is student achievement. The domains of Teaching and Learning, Learning Supports and Governance support this priority and integrate local context to ensure Sturgeon Public students achieve. Each domain is interconnected and part of a complete system supporting student achievement.

Services and supports addressed within the counselling and wellness plans, fall most directly in two domains: Learning Supports and Local and Societal Context.

Many of the counselling resources and strategies are specifically directed at addressing the social emotional and mental health needs of our students.

Sturgeon Public Schools has identified the following outcomes and strategies with respect to each domain:

Learning Supports: Safe Caring, Respectful and Inclusive

Outcomes:

- Public School Communities are safe, caring, respectful and inclusive
- First Nations, Métis, and Inuit students achieve and succeed as part of a community committed to understanding foundational Indigenous perspectives and knowledge
- Partnerships with external agencies are in place and used to enhance the conditions required for student achievement

Division Strategies:

- Schools foster welcoming learning environments and implement supports for physical, social, mental and emotional wellness in students
- Schools provide diverse programming to ensure the success of all students in an inclusive learning environment
- Schools implement and improve strategic plans to ensure understanding of Indigenous perspectives and knowledge
- Sturgeon Public Schools will ensure that partnerships are developed and maintained to support student health and wellness



Sturgeon Public Schools: Counselling and Wellness Plan 2023-24

Local and Societal Context: Addressing social/emotional and mental health needs

Outcomes:

- Students demonstrate respect for themselves and others and show pride in their accomplishments and in their community
- Students and staff model integrity and work ethic

Specific strategies to support outcomes are identified within the national Comprehensive School Health model to address wellness within our schools. This whole-school approach incorporates well-being as an essential aspect of student achievement. Actions addressed in four distinct but interrelated components comprise a comprehensive school health approach include:

- Social and Physical environments
- Teaching/Learning
- Policy
- Partnerships and Services

This approach recognizes it takes a whole school community to support wellness. Wellness education nurtures the whole child and enhances students' capacity for achieving their full potential intellectually, physically, socially, spiritually, and emotionally (Alberta Education).



Each school has a Counselling and Wellness Plan which is developed for all students and focuses on the six dimensions of wellness. This plan provides a balanced approach, offering developmental preventative activities and learning opportunities for all students as well as appropriate and timely interventions for individual students that require higher levels of support. This plan is a joint responsibility of the entire school staff. The school counsellor takes the lead on developing the plan, coordinating services, and providing direct and indirect support to students, staff, and parents/guardians. Successful implementation of a comprehensive

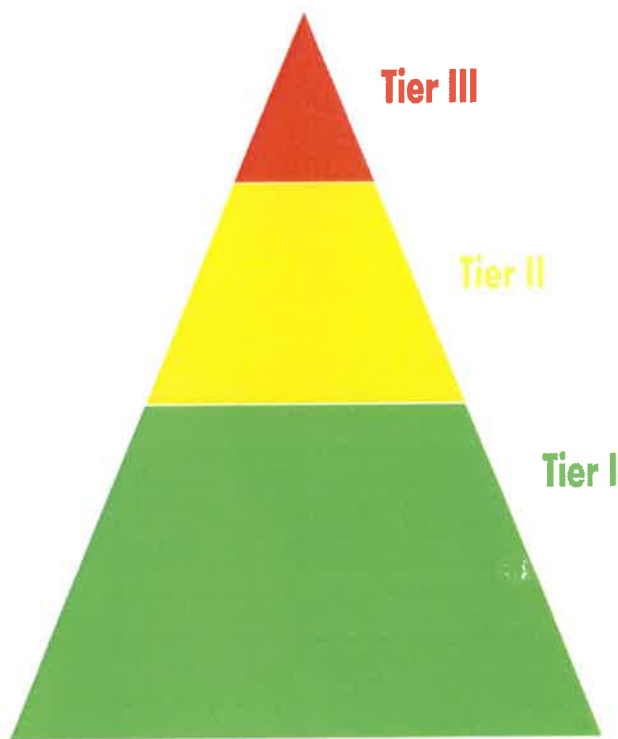


Sturgeon Public Schools: Counselling and Wellness Plan 2023-24

Counselling and Wellness Plan positively impacts student outcomes in the areas of achievement, mental health, social emotional learning, attendance, high school completion rates and career knowledge.

Pyramid of Supports / Interventions

Sturgeon Public Schools use a Pyramid of Supports/Interventions to outline specific programming that supports wellness within our schools. This includes building collaborative relationships with home, school and the community. Schools use divisional data and their own school data to drive decisions regarding specific programming.



Individualized/Intensive Supports- These supports are highly individualized and often, if not always, require referrals to our community partners. 1-7% of our students require this level of support. School counsellors often play a key role in facilitating these referrals and building a team of support around the student.

Targeted Supports- In addition to the universal supports some students require more targeted supports. These supports may be offered by the school counsellor and may focus on personal/social, educational, and/or career needs. 5-15% of our students will require this level of support.

Universal Supports – All students benefit from class-wide and school-wide health promotion that addresses all dimensions of wellness. 80% -85% of our students will respond solely to these universal supports. Mental Health and Wellness coach working alongside staff, will play a key role establishing and promoting preventive and proactive approaches to help students build social emotional learning competencies.



Sturgeon Public Schools: Counselling and Wellness Plan 2023-24

School name: Ochre Park School

Brief description: Ochre Park School was founded in 1983. We are located in the town of Redwater and serve about 175 students from Pre K - Grade 4. We are a caring community which maintains a safe and engaging learning environment where everyone can reach their creative potential. At Ochre Park we are committed to building a confident and innovative learning community so our students can become collaborative leaders and successful citizens. Our staff are dedicated to providing quality education in a safe and caring environment.

SUPPORTS/INTERVENTIONS

| Universal | Targeted | Individualized/ Intensive |
|---|---|---|
| <p>Focus: Ensure a school that feels physically and emotionally safe. Overall student anxiety related to returning to school can be lessened through creating clear structures, routines and expectations, which are communicated in positive ways.</p> <p>Examples:</p> <ul style="list-style-type: none"> ● K-4 PEWS ● K-4 Mental Health and Wellness Support ● Redwater HYPE ● CASEL Framework - Choose Love ● Mindfulness ● House Leagues ● Neurosequential Model in Education (NME) School ● Zones of Regulation ● Kimochis ● Outdoor Classroom (Increased outdoor activities where possible) ● Positive Behaviour Supports ● Safe Space ● Learning Commons | <p>Focus: Provide classroom support for groups of students with greater need.</p> <p>Examples:</p> <ul style="list-style-type: none"> ● Regulation equipment - alternative seating, hook stools/cushions, theraband, fidgets, alternative lighting ● Inclusion support (pull-out/push in for individuals or small groups) ● Grade 4 and ECS transition planning. ● Specific group sessions (re: sportsmanship, anxiety, mindfulness, growth mindset, self esteem etc...) ● Success in Schools ● Lead Teachers | <p>Focus: Support and refer to other agencies students with more specific and intensive needs.</p> <p>Examples:</p> <ul style="list-style-type: none"> ● Individual Check-Ins with student and family ● Suicide Risk Assessments ● Social Worker ● WIAT Assessments ● Individual Program Plans and Student Learning Plans ● Psychological Assessments ● Outside agency referrals (OT, PT, Speech, Psychologist, Mental Health, Addictions Counsellor, FSW, PCN) ● Collaborative approach and involvement from many layers of support for complex needs of students ● Individual Guidance Counselling sessions, in person and online ● Counsellor to provide updates to teaching staff |



Sturgeon Public Schools: Counselling and Wellness Plan 2023-24

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| <ul style="list-style-type: none"> ● Farm Safety ● 10 Days of Giving ● STEAM Games ● Makerspace ● WITS ● Awareness events (Terry Fox Run, Pink Shirt Day, Orange Shirt Day, World Mental Health Day, etc) ● Breakfast Program ● Sensory Room ● Intramurals ● Caught Being Good ● Lead Teachers ● Parent Council ● Daily Regulation ● Direct teaching of Conflict Resolution Strategies | | <p>on various needs of students and collectively, come up with ways to support them.</p> <ul style="list-style-type: none"> ● Military Family Resource Center |
|--|--|--|

Communication plan: How will the Counselling and Wellness Plan be shared with our community? (Students, Staff, Parents)

1. School Website - November 2023
2. School Council - November 2023
3. Staff Meetings as regular updates
4. School Newsletter
5. Homeroom - monthly activities/group sessions

Month by Month Outline of Counselling Duties

Ongoing Monthly Counsellor:

- Monthly newsletter submission
- Staff meeting reports/presentations
- Individual counselling
- Check ins with staff
- Represent counselling on the school leadership team – ongoing updates and collaboration with administrators
- Attend counsellor meetings/MHW meetings – collaboration and mentorship with other counsellors and coaches in the division
- Monitor student attendance/achievement/engagement
- Forward ongoing PD for professional and paraprofessional staff relating to wellness, mental health, anxiety, etc.



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Mental Health and Wellness Coach Duties

Ongoing Monthly MHW Coach:

- Share and collaborate to inspire a shared vision with staff in creating a culture of wellness
- Continue/establish, create opportunities where students feel a sense of belonging and connection
- Plan and implement prevention and proactive strategies for mental health and social emotional learning (SEL) through classroom integration and school-wide implementation
- Check-ins with staff integrating SEL strategies
- Create opportunities within classrooms and schoolwide for students to learn, practice and reflect on SEL
- Check-ins with students
- Attend MHW coaches meetings/counsellor meetings and continue to collaborate and mentorship with other MHW coaches and counsellors in the division
- DATA collection - Report with anecdotal feedback, staff sharing regarding Mental Health and Wellness framework
- Ongoing updates with Administrators
- Work with Administration on strategies on how to get out to stakeholders the great things happening in the building.

Month to Month Planning

August - early September

- Do an environmental scan of the school to:
 - Ensure signage for health and safety is positively framed and developmentally appropriate
 - Support teachers in creating visuals that personally welcome students back into the school building. (more important in Pre-K -9)
 - Support the development of very clear guidelines for routine and create a structured plan to communicate this plan for all students (developmentally appropriate with visuals for clarity)
- In collaboration with School based teams:
 - Support transition between teachers for students with diverse learning needs
 - New student intakes
 - Collaborative teacher meetings discussing at-risk students
 - Connect with parents of at-risk students to ensure their worries/concerns are heard



Sturgeon Public Schools: Counselling and Wellness Plan 2023-24

September

Theme - Self Awareness - The abilities to understand one's own emotions, thoughts, and values and how they influence behaviour across contexts. (Such as: understanding and identifying one's emotions, strengths and limitations, linking feelings, values and thoughts) CASEL

Tier 2 Supports (Counsellor)

- Collaborative teacher meetings to discuss:
 - Whole class needs to determine an appropriate target intervention
 - At-risk students
- Meet with students new to the school and community and connect with a student ambassador
- Review incoming student cumulative files
- Connecting with returning students that have accessed supports
- Check in with at-risk students
- Provide support to students as needed
- Phone calls/emails made or returned as needed
- Get to know the counselor whole class introductions
- Posting community classes and supports for mental health
- Daily Regulation
- Breakfast Program
- Meet with the Student Support Team once a week to discuss at risk students. This then enables the team to better support students with strategies such as forming groups (Cool Kids) to teach specific skills, give specific students extra attention when needed, and providing behavior support.
- Classroom visits to refresh/teach Zones of Regulation

Tier 1 Supports - universal supports - MHW Coach

- Explore implementation opportunities in classes where curriculum outcomes align
- Discuss group session needs with teachers
- Develop a positive school climate and culture through the Monthly Values Program - Belonging focus and looking for opportunities for consistent messaging such as announcements, shared in newsletter, and mindful minutes at staff meeting
- SEL Programs - Weekly for each grade
- Mental Health Literacy - consistency in messaging - providing resources for teachers, use of universal language and strategies
- Incorporating PEW curriculum into co-teaching opportunities
- Collaborating with Community Agencies
- Zones of Regulation/Emotional association used as universal language

Activities:

Meet the Community
 Welcome Back Pancake Breakfast
 Borscht Making
 Terry Fox Run
 Truth and Reconciliation Week



Sturgeon Public Schools: Counselling and Wellness Plan 2023-24

October

Theme - Self Awareness - The abilities to understand one's own emotions, thoughts, and values and how they influence behaviour across contexts. (Such as: identifying personal, cultural assets, demonstrating honesty and integrity, experience self-efficacy, having a growth mindset and developing a sense of purpose) CASEL

Tier 2 Supports (Counsellor)

- Check in with at-risk students
- Provide support to students as needed
- Phone calls/emails made or returned as needed
- Get to know the counselor whole class introductions
- Posting community classes and supports for mental health
- Daily Regulation
- Breakfast Program
- Discuss with HYPE Ochre Park's needs
- Meet with the Student Support Team once a week to discuss at risk students. This then enables the team to better support students with strategies such as forming groups (Cool Kids) to teach specific skills, give specific students extra attention when needed, and providing behavior support.
- Classroom visits to teach/reteach conflict resolution strategies - Win/Win strategy
- Continue teaching Zones of Regulation to Kindergarten and Grade 1.

Tier 1 Supports - universal supports - MHW Coach

- Develop a positive school climate and culture through the Monthly Values Program - Honesty focus and looking for opportunities for consistent messaging such as announcements, shared in newsletter, and mindful minutes at staff meeting
- SEL Programs - Weekly for each grade
- Mental Health Literacy - consistency in messaging - providing resources for teachers, use of universal language and strategies
- Incorporating PEW curriculum into co-teaching opportunities
- Collaborating with Community Agencies
- Zones of Regulation/Emotional association used as universal language

Activities:

Fire Safety Week
Full Moon Frolic



Sturgeon Public Schools: Counselling and Wellness Plan 2023-24

November

Theme - Self-management - The abilities to manage one's emotions, thoughts, and behaviours effectively in different situations and to achieve goals and aspirations. (Such as: setting personal and collective goals, exhibiting self-discipline and self-motivation) CASEL

Tier 2 Supports (Counsellor)

- Check in with at-risk students
- Provide support to students as needed
- Phone calls/emails made or returned as needed
- Get to know the counselor whole class introductions
- Posting community classes and supports for mental health
- Daily Regulation
- Breakfast Program
- Meet with the Student Support Team once a week to discuss at risk students. This then enables the team to better support students with strategies such as forming groups (Cool Kids) to teach specific skills, give specific students extra attention when needed, and providing behavior support.
- Classroom visits to teach/reteach conflict resolution strategies - Size of the Problem
- Continue teaching Zones of Regulation to Kindergarten and Grade 1

Tier 1 Supports - universal supports - MHW Coach

- Develop a positive school climate and culture through the Monthly Values Program - Perseverance focus and looking for opportunities for consistent messaging such as announcements, shared in newsletter, and mindful minutes at staff meeting
- SEL Programs - Weekly for each grade
- Mental Health Literacy - consistency in messaging - providing resources for teachers, use of universal language and strategies
- Incorporating PEW curriculum into co-teaching opportunities
- Collaborating with Community Agencies
- Zones of Regulation/Emotional association used as universal language

Activities:

Remembrance Day Ceremony
Métis Week Celebrations
Awards Ceremony



Sturgeon Public Schools: Counselling and Wellness Plan 2023-24

December

Theme - Self-management - The abilities to manage one's emotions, thoughts, and behaviours effectively in different situations and to achieve goals and aspirations. (Such as: identifying and using stress-management strategies, planning and organizational skill development, taking initiative, being resilient) CASEL

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| Tier 2 Supports (Counsellor) |
| <ul style="list-style-type: none"> • Check in with at-risk students • Provide support to students as needed • Phone calls/emails made or returned as needed • Get to know the counselor whole class introductions • Posting community classes and supports for mental health • Daily Regulation • Breakfast Program • Meet with the Student Support Team once a week to discuss at risk students. This then enables the team to better support students with strategies such as forming groups (Cool Kids) to teach specific skills, give specific students extra attention when needed, and providing behavior support. • Classroom visits to teach/reteach conflict resolution strategies - WITS |
| Tier 1 Supports - universal supports - MHW Coach |
| <ul style="list-style-type: none"> • Develop a positive school climate and culture through the Monthly Values Program - Community focus and looking for opportunities for consistent messaging such as announcements, shared in newsletter, and mindful minutes at staff meeting • SEL Programs - Weekly for each grade • Mental Health Literacy - consistency in messaging - providing resources for teachers, use of universal language and strategies • Incorporating PEW curriculum into co-teaching opportunities • Collaborating with Community Agencies • Zones of Regulation/Emotional association used as universal language |
| Activities Ten Days of Giving United Generations - Christmas Cookie Baking Santa Visit Christmas Concert Christmas Concert at Lodge |



Sturgeon Public Schools: Counselling and Wellness Plan 2023-24

January

Theme - Social Awareness - The abilities to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures and contexts. (Such as: recognizing strengths in others, taking others' perspectives, demonstrating empathy and compassion) CASEL

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| Tier 2 Supports (Counsellor) |
| <ul style="list-style-type: none"> ● Check in with at-risk students ● Provide support to students as needed ● Phone calls/emails made or returned as needed ● Get to know the counselor whole class introductions ● Posting community classes and supports for mental health ● Daily Regulation ● Breakfast Program ● Meet with the Student Support Team once a week to discuss at risk students. This then enables the team to better support students with strategies such as forming groups (Cool Kids) to teach specific skills, give specific students extra attention when needed, and providing behavior support. ● Classroom visits to teach/reteach conflict resolution strategies - A Bug and A Wish |
| Tier 1 Supports - universal supports - MHW Coach |
| <ul style="list-style-type: none"> ● Develop a positive school climate and culture through the Monthly Values Program - Upstander focus and looking for opportunities for consistent messaging such as announcements, shared in newsletter, and mindful minutes at staff meeting ● SEL Programs - Weekly for each grade ● Mental Health Literacy - consistency in messaging - providing resources for teachers, use of universal language and strategies ● Incorporating PEW curriculum into co-teaching opportunities ● Collaborating with Community Agencies ● Zones of Regulation/Emotional association used as universal language |
| Activities: Skating No Name Calling Week DEAR Week Bell Let's Talk Day Grade 4 Curling |



Sturgeon Public Schools: Counselling and Wellness Plan 2023-24

February

Theme - Social Awareness - The abilities to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures and contexts. (Such as: recognizing situational demands and opportunities, understanding the influences of organizations/systems on behavior, understanding and expressing gratitude and showing concern for the feelings of others) CASEL

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| Tier 2 Supports (Counsellor) |
| <ul style="list-style-type: none"> • Check in with at-risk students • Provide support to students as needed • Phone calls/emails made or returned as needed • Get to know the counselor whole class introductions • Posting community classes and supports for mental health • Daily Regulation • Breakfast Program • Meet with the Student Support Team once a week to discuss at risk students. This then enables the team to better support students with strategies such as forming groups (Cool Kids) to teach specific skills, give specific students extra attention when needed, and providing behavior support. • Classroom visits to teach/reteach conflict resolution strategies - Acknowledge Your Part in the Situation |
| Tier 1 Supports - universal supports - MHW Coach |
| <ul style="list-style-type: none"> • Develop a positive school climate and culture through the Monthly Values Program - Kindness focus and looking for opportunities for consistent messaging such as announcements, shared in newsletter, and mindful minutes at staff meeting • SEL Programs - Weekly for each grade • Mental Health Literacy - consistency in messaging - providing resources for teachers, use of universal language and strategies • Incorporating PEW curriculum into co-teaching opportunities • Collaborating with Community Agencies • Zones of Regulation/Emotional association used as universal language |
| Activities: 100th Day of School Pink Shirt Day Winter Day of Play |



Sturgeon Public Schools: Counselling and Wellness Plan 2023-24

March

Theme - Relationship Skills - The abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups. (Such as: effective communication, developing positive relationships, demonstrating cultural competency)

CASEL

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| Tier 2 Supports (Counsellor) |
| <ul style="list-style-type: none">• Check in with at-risk students• Provide support to students as needed• Phone calls/emails made or returned as needed• Get to know the counselor whole class introductions• Posting community classes and supports for mental health• Daily Regulation• Breakfast Program• Meet with the Student Support Team once a week to discuss at risk students. This then enables the team to better support students with strategies such as forming groups (Cool Kids) to teach specific skills, give specific students extra attention when needed, and providing behavior support.• Classroom visits to teach/reteach conflict resolution strategies - Conflict Stoppers and Conflict Starters |
| Tier 1 Supports - universal supports - MHW Coach |
| <ul style="list-style-type: none">• Develop a positive school climate and culture through the Monthly Values Program - Responsible focus and looking for opportunities for consistent messaging such as announcements, shared in newsletter, and mindful minutes at staff meeting• SEL Programs - Weekly for each grade• Mental Health Literacy - consistency in messaging - providing resources for teachers, use of universal language and strategies• Incorporating PEW curriculum into co-teaching opportunities• Collaborating with Community Agencies• Zones of Regulation/Emotional association used as universal language |
| Activities: Term Two Awards |



Sturgeon Public Schools: Counselling and Wellness Plan 2023-24

April

Theme - Relationship Skills - The abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups. (Such as: teamwork and collaborative problem solving, resisting negative social pressure, leadership, offering support) CASEL

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| Tier 2 Supports (Counsellor) |
| <ul style="list-style-type: none"> • Check in with at-risk students • Provide support to students as needed • Phone calls/emails made or returned as needed • Get to know the counselor whole class introductions • Posting community classes and supports for mental health • Daily Regulation • Breakfast Program • Meet with the Student Support Team once a week to discuss at risk students. This then enables the team to better support students with strategies such as forming groups (Cool Kids) to teach specific skills, give specific students extra attention when needed, and providing behavior support. • Classroom visits to teach/reteach conflict resolution strategies - Non Verbal Cues |
| Tier 1 Supports - universal supports - MHW Coach |
| <ul style="list-style-type: none"> • Develop a positive school climate and culture through the Monthly Values Program - Respect focus and looking for opportunities for consistent messaging such as announcements, shared in newsletter, and mindful minutes at staff meeting • SEL Programs - Weekly for each grade • Mental Health Literacy - consistency in messaging - providing resources for teachers, use of universal language and strategies • Incorporating FEW curriculum into co-teaching opportunities • Collaborating with Community Agencies • Zones of Regulation/Emotional association used as universal language |
| Activities: Paska Making The Day of the Military Child National Volunteer Week Sturgeon Night of Music and Fine Arts |



Sturgeon Public Schools: Counselling and Wellness Plan 2023-24

May

Theme - Responsible Decision Making - The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations. (Such as: demonstrating curiosity and open-mindedness, solutions for personal and social problems, leaning to make a reasonable judgment after gathering information, data and facts) CASEL

Tier 2 Supports (Counsellor)

- Check in with at-risk students
- Provide support to students as needed
- Phone calls/emails made or returned as needed
- Get to know the counselor whole class introductions
- Posting community classes and supports for mental health
- Daily Regulation
- Breakfast Program
- Meet with the Student Support Team once a week to discuss at risk students. This then enables the team to better support students with strategies such as forming groups (Cool Kids) to teach specific skills, give specific students extra attention when needed, and providing behavior support.
- Classroom visits to teach/reteach conflict resolution strategies

Tier 1 Supports - universal supports - MHW Coach

- Develop a positive school climate and culture through the Monthly Values Program - Courage focus and looking for opportunities for consistent messaging such as announcements, shared in newsletter, and mindful minutes at staff meeting
- SEL Programs - Weekly for each grade
- Mental Health Literacy - consistency in messaging - providing resources for teachers, use of universal language and strategies
- Incorporating PEW curriculum into co-teaching opportunities
- Collaborating with Community Agencies
- Zones of Regulation/Emotional association used as universal language

Activities:

Education Week
 Hats on for Mental Health
 Volunteer Tea
 Apraxia Day
 Student Assembly
 National Pitch-In Week
 Town of Redwater Equipment Demonstration (Public Works Week)
 Religion Ceremony
 Spring Photos
 Garden Club/Flower Beds



Sturgeon Public Schools: Counselling and Wellness Plan 2023-24

June

Theme - Responsible Decision Making - The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations. (Such as: apply critical thinking skills inside and outside of school, reflecting on one's role in promoting well-being in self, family and community, evaluating personal, interpersonal, community and school impacts)

CASEL

Tier 2 Supports (Counsellor)

- Check in with at-risk students
- Provide support to students as needed
- Phone calls/emails made or returned as needed
- Get to know the counselor whole class introductions
- Posting community classes and supports for mental health
- Daily Regulation
- Breakfast Program
- Meet with the Student Support Team once a week to discuss at risk students. This then enables the team to better support students with strategies such as forming groups (Cool Kids) to teach specific skills, give specific students extra attention when needed, and providing behavior support.
- Classroom visits to teach/reteach conflict resolution strategies - Toothpaste Activity
- Cull counselling files and shred confidential information

Tier 1 Supports - universal supports - MHW Coach

- Develop a positive school climate and culture through the Monthly Values Program - Diversity focus and looking for opportunities for consistent messaging such as announcements, shared in newsletter, and mindful minutes at staff meeting
- SEL Programs - Weekly for each grade
- Mental Health Literacy - consistency in messaging - providing resources for teachers, use of universal language and strategies
- Incorporating PEW curriculum into co-teaching opportunities
- Collaborating with Community Agencies
- Zones of Regulation/Emotional association used as universal language
- Post-test/Survey with staff on SEL and how we did?

Activities:

Pride Week
 Playday
 National Indigenous People's Day
 Kindergarten Grad
 Grade 4 Farewell
 School Wide Water Fight
 Red and White Day/Canada Day Celebrations/Year End Awards
 Kindergarten Transitions
 Swimming Lessons
 Bike Rodeo
 Year End Field Trips